

LEPRECHAUN DASH

A Fun Run for Elementary and Middle School Students

The Leprechaun Dash is a one-mile fun run for elementary and middle school students that is held on a closed portion of Columbia Park Trail. Finisher ribbons will be awarded to all children that finish the run. The fun run starts and finishes near R.F. McDougall's in Columbia Center North. This run is for elementary and middle school students, only. There is NO CHARGE to children to run the Dash...our way of helping kids have some fun and fitness at the same time. We do need all runners to register and parents to sign the entry form for their children. We have a safe, controlled course with the park road being closed for the duration of the race, so parents can let the kids run and wait for them at the finish. This run is for the kids. Parents, if you absolutely, positively must run with your kids, please run with them unofficially (do not register yourself) and start out at the back of the pack.

What: The Leprechaun Dash is a one-mile fun run on an out and back course in Columbia Park on Columbia Park Trail.

Where: The fun run starts and finishes near R.F. McDougall's/Kimo's. Prior to the run, stage in the McDougall's or Kimo's parking lot.

When: March 13, 2010

Time: Leprechaun Dash starts at 9:30 am

Why: Have fun, get healthy and fit, and be true to your school.

School Competition: With a minimum of 100 finishers, the elementary school with the most participants will be declared the winner of the Dash and will receive a check from 3RRR for \$1000 to use towards PE equipment. The second and third place elementary schools (again, with 100 finishers minimum) will receive \$600 and \$400, respectively. Here is a chance to make some money for your school!!!

Entry Fee: There is NO CHARGE to run the Leprechaun Dash. An optional race t-shirt is available for \$15.00 to those who register by March 2nd (*RECEIVED by March 2nd*). Shirts may not be available to those who register after March 2nd, so please get your entry in early.

Registration: To register, mail in the form on the flip side or go to www.3RRR.org to register online. Do not mail in entries after March 1st. After March 1st, you may register in person on March 12th at the United Way Building (401 North Young Street in Kennewick) from 4:00 – 6:00 pm or race morning from 7:30 – 9:00 am inside Kimo's next to R.F. McDougall's. Pre-registered entrants can order a race t-shirt if the entry is RECEIVED by March 2nd.

Pick-Up: Pre-registered runners can pick up their race numbers and t-shirts on March 12th at the United Way Building (401 North Young Street in Kennewick) between 4:00 – 6:00 pm or race morning from 7:30 – 9:00 am inside Kimo's.

Parking: Ample parking will be available in the Columbia Center North parking lot.

Race Director: Contact Eric Greager with questions at sageg@charter.net.



Preparing You For The Human Race

22nd Annual Leprechaun Dash
Saturday, March 13, 2010
9:30 a.m.

Mail this entry form/fees to:
Eric Greager
178 Bradley Blvd.
Richland, WA 99352
ATTN: Leprechaun Dash

Last Name: _____ First Name: _____

School: _____

Grade Level: _____ Age: _____

ENTRY FEE INFORMATION:

Leprechaun Dash.....**FREE**

Optional Tech fabric shirt (add \$15.00).. **\$15.00**

Circle shirt size:

Adult XS S M L XL

TOTAL ENCLOSED....._____

In consideration of your acceptance of this race entry, I for myself, my heirs, executors, administrators and assigns, forever release and discharge any and all rights, demands, claims for damages and causes of suit or action known or unknown that I may have against the 3 Rivers Road Runners, the City of Richland, the City of Kennewick, and Benton County and any and all participating race sponsors (including R.F. McDougall's, and any other sponsors) and directors, officers, employees and agents of such parties, for any and all injuries in any manner arising or resulting from my participation in said race. I attest and verify that I have full knowledge of the risks involved in the race, that I assume those risks, that I will assume and pay my own medical and emergency expenses in the event of an accident, illness or other capacity, regardless of whether I have authorized such expenses, and that I am physically fit and sufficiently trained to participate in this race.

Parent or Guardian Signature: _____ Date: _____

IMPORTANT: Payment must accompany application. Check or money order only. Make checks payable to 3 Rivers Road Runners. **NON-REFUNDABLE AND NON-TRANSFERRABLE..**

PLEASE DOUBLE-CHECK YOUR APPLICATION FOR ACCURACY AND COMPLETENESS. THANKS.



Preparing You For The Human Race